Rosalind (Roz) Kinstler



Roz Kinstler is an experienced FEI competitor and instructor/trainer with over 30 years of experience. A lover of learning, she enjoys passing along her dressage knowledge, particularly to young people. Throughout her career, Roz has fully embraced the ideals behind the USDF's mission of education, recognition of achievement, and promotion of dressage. This is evident through her dedication to the principle that dressage can improve any horse and any rider.

Roz, still actively competing at the FEI level, is a USDF Bronze and Silver Medalist and has helped students to achieve their USDF Gold Medal. She has coached several students from novices to competent riders on NAJYRC teams. She was coach to a member of the 2012 US Paralympic Dressage Team in London. Roz has students that have competed successfully at the Arabian Sporthorse Nationals through Grand Prix.

Roz is the Chair of the USDF Youth Programs Committee and is the Region 2 representative to the USDF FEI Jr/YR Committee. She is also the Region 2 FEI Jr/YR coordinator and serves as the Region 2 Chef d'Equipe at NAJYRC. Roz operates out of Down Under Stable in Ann Arbor, Michigan and winters in Wellington, Florida.